

## Qualities of Mentors

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- Available
- You must have time to spend with a member, at least 15 minutes or more each week to help with speeches and answer questions. This does not mean that you must physically meet them, but can set aside the time to talk with them or exchange emails.
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- Patient
- People learn at varying speeds, and some need more guidance than others.
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- Sensitive
- Tact and diplomacy are vital. People often join Toastmasters to overcome shyness or fear of speaking.
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- Respectful
- Everyone is different. A mentor respects the differences between himself, the mentee, and others.
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- Flexible
- Not everything happens according to plan. You must adapt and adjust to various situations and accept that mentees may make decisions with which you may not agree.
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- Supportive
- of the Club - Show your pride in your Club and what it has done and can do for members.
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- Knowledgeable
- Before you can help someone else, it is necessary to be familiar with the Club, its operations, the educational programs, and even the Toastmasters International organization itself.
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- Confident
- You need to be self-assured and friendly.
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- A
- good listener - A mentor must listen carefully. Often simply listening, without taking on the other person's problem, can be a great help to the mentee.
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- Concerned
- about others - You must care about other people and truly want to help them.

Get involved with mentoring by joining the mentor discussion list!